



**Western Region Alpine / USSA
2005 Preparation Period Invitational Training Camp Announcement**

WR Team Group /DH/Giant Slalom/SG Camp
Project Number 3

Dear Western Region Athlete,

You are invited to attend the fourth project of this season conducted by the Western Region. These camps are for members of the USSA coming from the Western Region who have identified themselves through race results as having the talent to move forward in our sport! This camp is for members of the Regional Team Candidates Group; those considered to be leading candidates for the W.E.S.T.

Camp Goal:

To conduct a technical and tactical preparation camp focusing on turn shapes of SG and Giant Slalom for elite Western athletes; To assist camp participants in the methods of inspection and application of tactical planning for the disciplines of Giant Slalom, SG and Downhill; To promote mental skills utilization for performance enhancement.

<u>Dates:</u> August 18, 2005	Leave the US
August 19	Arrive in Chile, Travel to La Parva
August 20 - September 3	Ski and Train
[Note; some athletes will compete in SAC DH/SG August 26& Sept 1-September 3]	
September 3	Depart Chile
September 4, 2005	Arrive back in the US

Site: La Parva, Chile, South America

Staff: Our staff members bring recent experience at the elite level of the sport to this camp as well as years of coaching experience. All have been active at the national and international level of ski racing as Western Region, NDS, or USST project coaches.

Project Leader & Head Coach Randy Pelkey, Western Region
Jeff Pickering
Tyler Palmer
Pete Deisroth
Eric LaPerle
TBA

Cost: \$ 2300.00 Includes coaching, lift fees, lanes, salt, housing, ground transportation during camp, lunch, and dinner. Does not include air travel, Chile visa (\$100), race entries, travel meals, breakfast or snacks.

Registration: Return the enclosed forms, with payment to the regional office by July 15, 2005. **Please** notify Lester and/or Randy if you are, **OR ARE NOT**, planning to attend upon receipt of this invitation at (435) 647 2035 or 541 490 1270. Fees are required at

Western Region Project # 3, 2005



the time of registration. Attendance is limited to 24 athletes of both genders combined. There is a waiting list. If we don't have a confirmation by July 15 your place will disappear.

Bring: PASSPORT, and a photocopy of your passport (keep in a separate place) – You are going to a foreign country. GS and SG skis [Dh for the racers] for the specific event, Helmets, GS/SG/DH suits, mouth protection, goggles & sunglasses, GOOD rain gear, winter outer-wear, day pack & water-bottle, Dry-land training gear, notebook & pen, court shoes, log-book (dry-land program, etc), wax kit, work ethic & attitude. Please note that we ski in the snow, rain, and wind. Be prepared. Also note that helmets, eye and mouth protection are required to train all events at Western Camps. Suits are also required for training most of the time.

Travel: Baggage

PLEASE BE POLITE TO THE PERSON HELPING YOU CHECK IN.

We have a baggage arrangement with Lan Chile Airlines from LAX to Santiago via World Tek Travel. There is nothing available on getting to LAX. We cannot put you on the US Ski Team Baggage Waiver list with United; it is restricted to named team members and staff only. The rules for baggage on United and Delta are 2 checked bags with a maximum weight of 70 pounds each (that works out to be about 2 pairs of skis per bag) and 2 carry-on, so pack as light as possible. If you go over this you are expected to pay the overweight yourself. Call World Tek for additional ticketing information on Lan Chile airlines. Baggage waivers are available on that carrier for this group. The Park City number is 435 647 2075.

Athletes invited list: Can only take 12 men and 12 women. There is a waiting list.

Errol Kerr
Will Brandenburg
Tague Thorson
Carl Rixon

Greg Bartels
Arman Serebrakian
Max Hammer

Kevin Yolken
Travis Ganong
Nick Bankus

Sam Sweetser
Eric Holmer
Marty Harris

Kate Bragg
Amy Harris
Lyndee Janowiak
Kiley Staples

Kate Jordan
Corrin Rotter
Lauren Summers

Hannah Victory
C. Njeim
Lauren Eder

Courtney Hammond
Lauren Ross
Holly O'Brien

For questions call or email Lester or Randy. Those not able to attend due to space availability may attend the August RTG camp.

lkeller@ussa.org; rpelkey@ussa.org

Lester = 435 647 2035, 435 640 8503 or Randy = 541 490 1270



Western Region Preparation Period Project
2005
Registration Form

Project 3

La Parva, Chile, South America
August 19 – September 3, 2005

Name: _____

Address: _____

Phone: _____ Email _____

Travel: If you have booked your ticket through a travel agency other than WorldTek Travel or have booked on your own, please include a copy of your itinerary.

WR Camp #3 INVOICE

Name _____

Project 05/06 Account NO. 4910-5203

Cost: \$2300

Check NO. _____

Credit Card: Visa _____ Master Card _____

Number _____ Expiration _____

Name on Card _____

Signature _____

Mail to: Lester Keller, Western Region Alpine/USSA, PO Box 100, Park City, Utah 84060
Due July 15, 2005.